



Emotional Intelligence Assessment

The EQ-i 2.0 Assessment Model

Emotional intelligence or EQ which includes skills such as self-awareness, self-expression, stress management, interpersonal skills, and decision making is guaranteed to enhance any employee professional development programme.

An employee who understands the importance of EQ will demonstrate a high degree of soft skills and will tend to be empathetic, have great communication skills and will respond well to workplace stress and unexpected change.

EQ is a skill that can be improved over time (unlike IQ which remains fixed once we enter adulthood). An EQI assessment is a valuable development tool for anyone who is invested in professional development. The EQ-i 2.0 self-assessment helps individuals to determine which elements of emotional intelligence they have mastered and to select items from the results that they may need to strengthen.

How does the EQ-i 2.0 Assessment Work?

The Emotional Quotient Inventory (EQ-i 2.0) is the world's leading assessment tool used for assessing emotional intelligence. The EQ-i 2.0 also offers a specific workplace assessment which allows individuals to explore and develop specific competencies that are associated with career success. The EQ-i 2.0 provides clients with a detailed analysis of how they operate emotionally, how they interact with others and identifies areas of strength and potential areas for development.

How long will it take?

The EQ-i 2.0 assessment is delivered online and typically takes about twenty minutes to complete. Once completed the EQ-i report will be generated and clients will receive comprehensive and confidential feedback on the results. A typical feedback session will take 60 – 90 minutes.

Other Options Available:

- EQ-I 360 assessments
- Interviewing and recruitment
- EQ-i 2.0 Leadership Assessment
- EQ-i group reports



EQ-i 2.0®
assess. predict. perform.

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